

Corn Chowder

Cynthia Weitzel



Ingredients: 4 cups potatoes, cubed
2 cups water
2 cups celery, diced
1/2 cup onion, chopped
1 teaspoon salt
1 teaspoon parsley flakes
1 can creamed corn
2 cups whole kernel corn, frozen
1 cup soy milk, EDENBLEND Rice & Soy

Instructions: Place all ingredients, except last 3, in a large kettle and simmer over low heat until potatoes are almost done. Stir in creamed and whole kernel corn and continue simmering for 10 minutes, stirring frequently. Add soy milk. Turn off heat and let stand for 15-20 minutes.