



Blueberry Muffins O'rear Upson

1 ½ c. flour

½ c. sugar

2 tsp. Baking powder

½ tsp salt

¼ c. cooking oil

1 egg

2/3 c. milk

1 c. blueberries (or other
fruit)

Mix together all ingredients except fruit. Stir by hand just until blended. Fold in desired fruit; fill greased muffin cups 2/3 full. Bake at 400 degrees for 20-25 minutes.

Yield: 12 muffins