



SPECIAL K VEGETARIAN LOAF
submitted by Lucille Lehmann

2 cups dry bread crumbs
1 can mushroom soup
2 Tbsp. Oil
½ cup chopped nuts, fine
½ tsp. Accent

2 cups Special K. cereal
¾ c. Velveeta cheese, diced
2 eggs
½ tsp. Sage
½ cup milk if as needed

Combine all ingredients adding enough milk to make a thick batter. Bake at 350 degrees for 30 to 45 minutes or until brown.